

FREE Covington Weekly

February 22 - 28, 2012

www.media9productions.com

Local News:

City of Covington Enters Cleanest City Contest

The City of Covington has entered the 54th annual Louisiana Garden Club Federation's Cleanest City Contest. The Cleanest City Contest is designed to encourage communities to work together with the common goal of cleaning their environment while instilling pride in their city. The City entered the contest in conjunction with the Covington Garden Club and Keep Covington Beautiful. Covington placed second last year in the Cleanest City Contest, which is divided into 10 categories according to population.

The judging is usually held in early spring, around late March or early April. The City will continue to keep citizens updated on contest information and ways to prepare.

"Mayor Mike Cooper would like to encourage our Covington community to join efforts in preparation of the contest and watch Covington shine," says Pam Keller, Executive Assistant to Mayor Mike Cooper/Special Projects Director.

Citizens can contribute to the effort by organizing neighborhood cleanup groups to "Keep Covington Beautiful".

For updates on events, live music and current sales in Covington, visit "Covington Weekly" on Facebook, or sign up for our e-mail list at www.media9productions.com.



The 3/50 Challenge

Locally owned business is the basis of local economy. For every \$100 dollars that is spent locally, \$68 of that returns to the community. Shop Local by spending \$50 in three local businesses over the course of a month. This week, we'll be visiting:

Columbia Street Mercantile, Greek Isles and Looking Glass Salon and Spa.

Columbia Street Mercantile

Columbia Street Mercantile has two clothing stores in downtown Covington. They carry junior and misses clothing from everyday to formal great prices, great selection and new stuff every week!

231 and 236 N. Columbia St - (985) 809-1690
www.columbiastreetmercantile.net

Greek Isle

Visit Greek Isle for Greek Mediterranean Cuisine. Traditional appetizers include Hummus, Baba Ghanuj, Kibbeh and Grape Leaves followed by Pita Wraps and Platters. Featuring Athenian Baklava for dessert.

400 N. Theard St. - (985) 892-6868

Looking Glass Salon & Spa

The Looking Glass Salon and Spa offers all hair, skin, and nail services. Owner Sandy Vasquez and her staff are always on the cutting edge of the latest styles and color.

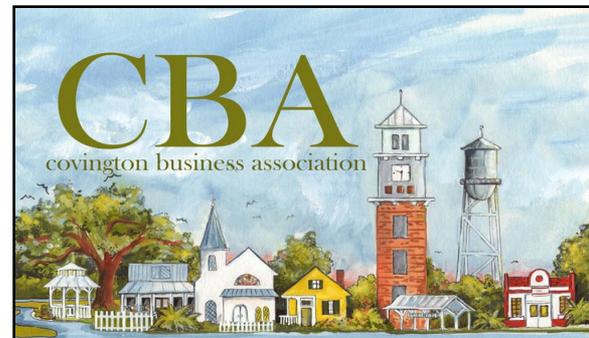
611 South Tyler St. - (985) 892-6378
www.lookingglasssalonandspa.com

Non-Profit Spotlight: Safe Harbor

Safe Harbor Northshore is a non-profit, non-government agency serving women and children in St. Tammany Parish who are victims of domestic abuse. Safe Harbor provides a safe place to stay and a variety of critical support services ranging from crisis intervention and legal advocacy to playgroups and counseling for kids. Their services are designed to enable women to break the cycle of abuse immediately and permanently.

A Concert for Safe Harbor is a special performance by The Grayhawk Band and Big Soul, live at the Covington Trailhead. Admission to the concert is free. Donations and drink purchases are encouraged, outside beverages are not allowed.

Safe Harbor Northshore
24-Hour Crisis Hotline:
(985) 626-5740 or (888) 411-1333



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Quote of the Week
"Happiness lies in the joy of achievement and the thrill of creative effort."
Franklin Roosevelt

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

Orange-glazed Roast with Brussel Sprouts

Collect:

1 whole roast pork

(Justin Pitts)

2 baskets of Brussel Sprouts

(Taylor's Happy Oaks Farm)

1 bag of Oranges

(Ken Savastano)

5 chopped cloves of garlic



Heat oven to 375 degrees. Heat a skillet with oil. Salt and pepper the roast and begin to sear it on all sides. Once the roast is seared, remove it and put it in a baking dish. Squeeze oranges into dish and add the remainder of the orange along with one cup water.

Cook until internal temperature is 145 to 155 degrees, depending on your taste. Next squeeze about 6 oranges and set aside. Clean brussels by cutting the bottoms and cutting in half. Add salt and pepper to your taste at this time. Heat a clean flat skillet, add oil and cook the brussels flat side down and cook until golden brown. Add the garlic to the brussel sprouts and toast the garlic, then add orange juice and let simmer until reduced about half-way.

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SOCIETY**
20384 Harrison Ave.
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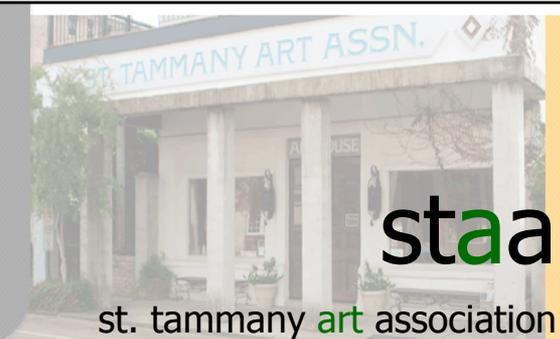
covweekly@media9productions.com
for advertising information

Thursday, March 29th to
Sunday, April 1st 2012



Four-day food and
wine tour of Historic
Downtown Covington

Kicking off Covington's Bicentennial Celebration
FREE Art Market, Open Houses and Block Party
www.atasteofcovington.com



staa
st. tammany art association

840 N. Columbia Street
Covington, LA

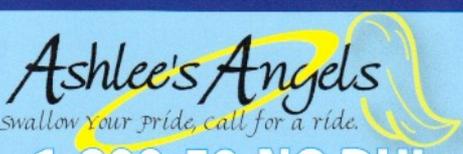


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Columbia Street Landing: The Birthplace of the City

From its founding, Covington was an important trade center, linking the river to the lake and New Orleans. The river was dredged to allow schooners and steamers to travel between New Orleans, Madisonville, Mandeville and Lewisberg, up the river to the Columbia Street Landing. Carts pulled by oxen would line Columbia street from the landing to the graveyard, dropping off goods like cotton, and picking up supplies to bring back to northern landlocked towns and plantations. The boats would also bring visitors from New Orleans, anxious to experience the mineral springs and Ozone air. In the 1850's, Covington was considered the second healthiest place to live in the country due to the lack of incidence of common diseases, and many families settled to escape yellow fever and malaria outbreaks.

Today there are no ferries coming down the Bogue Falaya, but the Landing still has much to offer. "Sunset at the Landing," is a free concert series held monthly from March through October on the beautifully landscaped property. Due to the efforts of former Covington City Councilwoman Pat Clanton, the Landing is once again the perfect spot for a picnic, or the start of a stroll down Columbia Street.



Live Music Listings

Feb. 22-28
Green Room
Wed. - Open Mic Night /
Thurs. - DJ Gene & \$1
Drinks for Ladies / Fri. -
The Scorseses with
xDefinition / Sun. -
Karaoke with DJ Bobby
Blaze / Mon. - Todd
Lemoine's Acoustapunk
Show + Red Beans! Free
Show
St. John's Coffeehouse
Fri. - LJ Copas



Galleries

(Featured artists at local galleries)

St. Tammany Art Association Members Exhibit
Fielding Gallery Roc Paul / Elizabeth Brown / Steve Hasslock / Jena Karr
/ Alexei Kazantsev / Tracy Lambert / Stephanie Schoen / Heather
Vallaire / Keith Villere
Tripolo Gallery William Binnings / Rebecca Rebouche /
Alice McNeely / James Michalopoulos / Nancy Hirsch-Lassen / Robert
Cook / Craig McMillin / Scott Ewen / Ken Tate /
Scott Upton
Three Rivers Gallery Harriet Blum / Peggy Hesse / John Hodge /
Suzanne King / Donald Maginnis / Valeric Stangl McLancon / John
Preble / Max Ryan / Roy Robinson
Henry Hood Gallery Michael Ledet / Lynda Katz

Events



Grayhawk's Free Concert for Safe Harbor

Saturday February 25th, 6 to 8:30 pm at the Covington Trailhead
419 N. New Hampshire St. Covington, LA



Live music from The Grayhawk Band and Big Soul -- Louisiana Blues, R&B and Funk! This is a special performance to benefit Safe Harbor Northshore, a non-profit, non-government agency serving women and children in St. Tammany Parish who are victims of domestic abuse. Donations and drink purchases are encouraged! (No outside beverages allowed) All profits will go toward funding Safe Harbor. Bring your blankets, chairs and dancing shoes!



St. Tammany Humane Society Feral Cat Fix Project
Thursday March 1st, all day at the St. Tammany Humane Society
20384 Harrison Ave. Covington, LA

In an effort to control the feral cat population, the St. Tammany Humane Society has developed a successful Feral Cat Fix Project, in which residents can catch and bring in feral cats for sterilization and then release them back into the wild. In just 5 years, since the program began, the St. Tammany Humane Society has neutered more than 6,000 cats! The St. Tammany Humane Society offers a feral cat spay or neuter for only \$37 and rely on contributions to the program to cover the remainder of the costs. A rabies vaccine will also be administered while the cat is being fixed. **Reservations are necessary.** For more information or to schedule your feral cats' surgery, please call 985-892-PETS.

Free listing of public events in the Covington area. To submit events, email covweekly@media9productions.com.
Deadline is every Friday.



Professional Corner



The Well-Groomed Pet



Grooming is an important part of your pet's health. Regular baths will keep your pet smelling fresh, and will give you time to inspect your pet's coat and fur. If your pet is medium or long-haired, regular brushing is essential. Small debris and dirt can cause hair to tangle and mat. De-tangling and de-matting brushes are available at any pet supply store. Serious matting may require the attention of a groomer.

The St. Tammany Humane Society recently opened a do-it-yourself dog wash at their facility, and the Scrubby Puppy is located near Claiborne Hill. Most veterinarians offer bathing services, and your veterinarian will be happy to talk to you about a grooming schedule appropriate for your pet.

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