

**City Street And Sidewalk Projects Begin Ahead Of Bicentennial Year**

**PARDON OUR PROGRESS!**  
 Barriere Construction has begun work on the 2012 Roadway Improvement & Overlay Program, and it's moving along quite nicely! Projections are that we will see fresh asphalt by this weekend. Work for the first task order will begin in the 15th Avenue area, move towards Old Landing and finish in Downtown. A second task order will be issued for the remaining roads once work has started in the Downtown area.

For Columbia Street, Barriere Construction is planning nighttime patching before they begin the mill and overlay projects. Work will commence on this Wednesday, with anticipated completion by Thursday. If necessary, patching will also commence on Sunday November 4th. There will be lane closures on both nights - work will begin at 7 pm and end by 5 am. There will be blocked parking where patch work is being done, and they will also be digging up the old railroad rails.

For more information and to view a project map and list please visit the City's website, [www.covla.com](http://www.covla.com).

**STAA Event Celebrates The Jazz Funeral**

St. Tammany Art Association presents Funerals and all that Jazz! Jazz funerals are as common place to people in the New Orleans area as red beans and rice. It's easy to figure out where red beans come from, but Jazz Funerals...that's a bit of a mystery. The 2012 NOMA exhibit begs the question, so we have found the finest and funniest guys to tell us how it all started. See back for details!



**The White-Tailed Deer**  
*Odocoileus virginianus*



**Fawn resting in grass.**

Also known as the orange tailed deer or Virginia deer, the whitetail is native to the United States, Canada, Central America and northern South America. They are most common east of the Rocky Mountains, and are absent from the far western states. The white-tailed deer is a reddish brown color in the spring and summer that fades to a grayish brown in the fall and winter months. The size of the deer vary greatly, following Bergmann's rule that the average size increases the farther away from the Equator the animal lives. Bucks can vary from 130 lbs to an excess of 350, while an adult doe in the tropics or Florida Keys can be found as small as 60 lbs, to over 200 lbs in northern climates. The average shoulder height is 21" - 47".

The white-tailed deer uses the characteristic white underside of its tail to communicate a warning to other nearby deer of possible danger. Their tails can vary anywhere from 3.9 to 14.4 inches. All deer have dichromatic (two color) vision with blue and yellow as their primaries, making it difficult for them to detect colors like red and orange. Although most often noted as a forest animal, the white-tailed deer has proven itself quite adaptable to many environments, such as open prairie lands and savanna woodlands. Commercial exploitation, unregulated hunting and poor land usage severely depressed deer population about a century ago, but thanks to conservation efforts their numbers today are estimated to be about 30 million in the US alone. Of this, the whitetail is the most common. This species is the state animal of Arkansas, Illinois, Michigan, Mississippi, Nebraska, New Hampshire, Ohio, Pennsylvania and South Carolina. It is the wildlife symbol of Wisconsin, and the game animal of Oklahoma.



**Whitetail Buck**

**Farmer's Market Recipes**

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

**Broccoli Cauliflower Creole Casserole**

- Ingredients:**  
 1/2 cup plain bread crumbs  
 1/4 cup + 2 tbsl parmesan, divided  
 2 tbsl of your favorite butter (melted)  
 1 1/2 tsp oregano, basil & thyme, combined  
 16 oz fresh broccoli, chopped  
 16 oz fresh cauliflower, chopped  
 2 tbsl of your favorite butter  
 1 large onion, chopped  
 2 tbsl unbleached flour  
 3 cloves garlic, minced  
 1 tsp sea salt  
 1/4 tsp cayenne pepper  
 1 1/4 cups of your favorite milk  
 4 oz creole cream cheese, cubed

**Cooking Instructions:**  
 Preheat oven to 350 degrees. Mix bread crumbs, 2 tsp of parmesan, melted butter and 1/2 tsp of herbs. Set aside. Melt remaining butter in skillet on medium heat, add onions and cook until tender. Stir in flour, remaining herbs, garlic, salt and pepper. Add milk, cook until bubbly and thickened. Add cream cheese and remaining parmesan, cook until cream cheese is melted. Add vegetables and coat evenly. Spoon into baking dish and sprinkle top with bread crumb mixture. Bake 40 minutes or until heated through and top is lightly browned.



The Covington Farmer's Market is every Saturday from 8-12 at the 600 block of Columbia Street, and every Wednesday at the Covington Trailhead from 10 - 2, rain or shine. This Saturday's musical guest is The Pot Luck String Band. Lawrence Dugas of Thai Kitchen in Covington will serve specialties from the menu and a Hot Thai Soup.

**Keep Covington Beautiful November Activities**

Keep Covington Beautiful is a non profit run by dedicated volunteers for the community. Some of the activities Keep Covington Beautiful has planned for November include Fall Beautification Days, a chance to help re-plant the planters in Downtown Covington on November 3rd and 17th. Volunteers are also needed for Event Recycling at the Three Rivers Art Festival to help set up and monitor recycling receptacles in two-hour shifts. Please contact Priscilla at [kcb@covla.com](mailto:kcb@covla.com) or (985) 867-3652 for more volunteer information. The Fall River Sweep was a sweeping success, with 255 lbs of trash collected, thanks to the wonderful volunteers Keeping Covington Beautiful!



**TAILGATE & CELEBRATE**



St. Tammany Homestead will host Customer Appreciation Day on Friday, November 2, 2012, from 10:00 am to 3:00 pm. Stop in, say "hi" and enjoy some goodies as their way of thanking the community. St. Tammany Homestead is a generous sponsor of many Downtown Covington events.

**Three Rivers Art Festival 2012**  
 November 10 - 11

**Fun is a work of art**  
 The Three Rivers Art Festival will be held November 10 and 11, 2012 from 10 am to 5 pm daily in Historic Downtown Covington. Admission is free to this family event which features local artists, gallery showings, live music and retail events. Brought to you by the Covington Three Rivers Art Festival and St. Tammany Homestead, who continue their mission of bringing community together through local arts and music.



**Quote of the Week**  
 Tuesday November 6  
 Last Quarter  
 "All you need is love."  
 - The Beatles

**Daylight Savings Time**  
 "Fall Back"  
 Daylight Savings Time ends on Sunday, November the 4th at 2 a.m. Don't forget to turn the clock back for that extra hour!

**Playmakers To Benefit STAA November 8**  
 The Playmakers 2012-13 season is well underway, and their production of "Bell Book and Candle" premieres this Friday! The November 8 performance will benefit The St. Tammany Art Association. For ticket information and performances, visit [www.playmakersinc.com](http://www.playmakersinc.com) or call 985-893-1671.

playmakers theater presents  
 A one nite only performance, proceeds to benefit St. Tammany Art Association

*Bell Book and Candle*  
 a bewitching romantic comedy  
 written by John Van Druten  
 directed by melanie hayno  
**STAA Benefit Performance**  
 Thursday, November 8th at 8pm  
**RESERVE TICKETS:**  
 985-892-8650  
 ADULTS: \$15  
 STUDENTS: \$10



**Echinacea**



The echinacea plant comes from a family known as coneflowers, and can often be seen adorning home gardens or growing wild in clearings. They are beautiful flowers, with large showy heads of composite flowers on stalks that can reach up to three feet tall. A perennial, they are easy to grow and they spread quite quickly. The flower is a favorite for bees, butterflies and hummingbirds alike. Echinacea has long been revered for its medicinal benefits. Two species that are most commonly used are *E. agustifolia* and *E. purpurea*, the first is considered the strongest while the latter is said to be more persistent. Most commonly used as an immunostimulator to boost the immune system, echinacea has a long history of many uses by the Plains Indians. The herb was used as a wash to treat skin disorders, burns and rashes, as a tea for sore throats and fevers, a poultice for wounds, insect bites, snake bites and stings, and as a mouthwash for sore teeth and gums, pyorrhea and gingivitis. It was said that Native Americans would bathe their arms and hands with the juices of this plant to allow them to withstand great heat - they would grab a piece of meat out of a boiling kettle with their bare hands and feel no pain. They learned of echinacea by observing wounded or sick elk seek it out in the fields, and knew of it as 'elk root'.





www.covla.com

# FREE Covington Weekly

Oct. 31 - Nov. 6, 2012  
Local Events

**Covington Farmer's Market - Wednesday October 31, 10am - 2pm @ the Covington Trailhead** Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.

**Funerals and All That Jazz - Friday November 2, 6:30 pm @ The St. Tammany Art Association** Come unravel this tradition with us! Listen and meet guests Barry Martyn and Bruce Raeburn... Hear how it all began. 320 N. Columbia.

**Playmakers Theater Presents "Bell, Book and Candle" November 2 - 18 Fridays and Saturdays 8 pm, Sunday Matinee 2 pm @ Playmakers Inc.** Follow the charismatic lives of witches in the modern hard-knock city life. This popular play was adapted for the big screen and was the inspiration for the hit TV show "Bewitched". For ticket information call (985) 893-1671 or go to www.playmakersinc.com.

**Customer Appreciation Day at St. Tammany Homestead - Friday November 2, 10 am - 3 pm** To show appreciation to all of their loyal customers, St' Tammany Homestead hosts a Customer Appreciation day. Come tailgate and celebrate, at both locations.

**Covington Farmer's Market - Saturday November 3, 8 am - 12 pm @ the 600 block of Columbia St.** Fresh local produce, raw and prepared foods, plants and vegetables, live music by Pot Luck String Band, food demo provided by Lawrence Dugas of Thai Kitchen in Covington who will serve specialties from the menu. - 600 block of Columbia St.

**Fall Beautification Day - Saturday November 3, 9 am - 12 pm meeting at the Covington Trailhead** A great chance to help out our community! Re-planting Downtown Covington planters for all to enjoy!

**Galleries** (featured artists)

**St. Tammany Art Association** 320 N. Columbia St. - Specters, Saints & Spirits: Discoveries from the New Orleans Museum of Art

**Covington Trailhead Museum** 419 N. New Hampshire - David and Clariza Kern **Henry Hood Gallery** 325 E. Lockwood St. - Maggie McConnell, Suzy Moritz **Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May **Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy, Barbara Hansen **Three Rivers Gallery** 333 E. Boston St. - Roy Robinson, Roy Pfister, Harriett Blum, Robert Baumgartner, David Barfeld, Gail Glassman, Peggy Hesse, Suzanne King, Charles Macgowan, Donald Maginnis, Valerie Stangl Melancon, John Preble, Max Ryan **Roy's "Art"chery** 319 N. Columbia St. - Roy Blaum, Jessica Porter Blaum, Billy Porter

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**CBA**  
covington business association

www.covingtonbusinessassociation.org

320 N. Columbia St.

st. tammany art association  
www.sttammanyartassociation.org

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Covington, LA

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**Ruth Siporski, Oct. 20 - Nov. 6 at Henry Hood Gallery**  
**Covington Live Music Listings for Oct. 24 - 30**

**Wednesday:** Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ The English Tea Room 12:30-2:30pm / Open Mic Night @ The Green Room

**Thursday:** Ladies Night with DJ Gene @ The Green Room / H.G. Breland @ Columbia St. Tap Room 8pm **Friday:** The Shiz @ the Green Room 10 pm / N'Awlins Johnnys @ Columbia Street Tap Room 10pm

**Saturday:** Pot Luck String Band @ Covington Farmer's Market 9:30am / Marsolan's Old Feed Store Music Series 12 - 2 pm / Pete Philibar & Street Parade @ the Green Room 10pm **Sunday:** Open Mic Poetry @ St. John's Coffeehouse 2pm / Karaoke with DJ Bobby Blaze @ the Green Room 9pm **Monday:** All Requests with DJ Jacob Durr @ the Green Room **Tuesday:** Singer/Songwriter Timothy AG @ The English Tea Room 10:30 am - 12:30 pm / 80's Night Dance Party @ the Green Room 10pm

**Proposition for Tax Rededication**

The City of Covington has a very important proposition on the ballot this election. It's concerning a 1% sales tax - 37% of the proposed general fund revenue for 2013. This sales tax was approved by voters in 1957 to help fund playgrounds and recreational facilities, roads, streets and bridges, sewerage, water works, garbage disposal, and the Fire Department. This is a permanent tax - it does not come up for renewal and it will not be raised. The proposition is to extend the coverage of this tax to include funding of "any lawful corporate purpose of the City". This will include funding for law enforcement, code enforcement, permits, planning and zoning, human resources, cemeteries, information technology, accounting and finance, engineering, and grant administration. Once again this is not a new tax but a rededication of an already existing sales tax. The Mayor and administration would like to hear your thoughts or concerns on this proposition. To find out more information please check the City's website:

www.covla.com

**WEDNESDAY MARKET**  
10:00 am - 2:00 pm  
The Covington Trailhead  
419 N. New Hampshire

**SATURDAY MARKET**  
8:00 am - 12:00 pm  
Covington City Hall  
609 N. Columbia Street  
www.covingtonfarmersmarket.org

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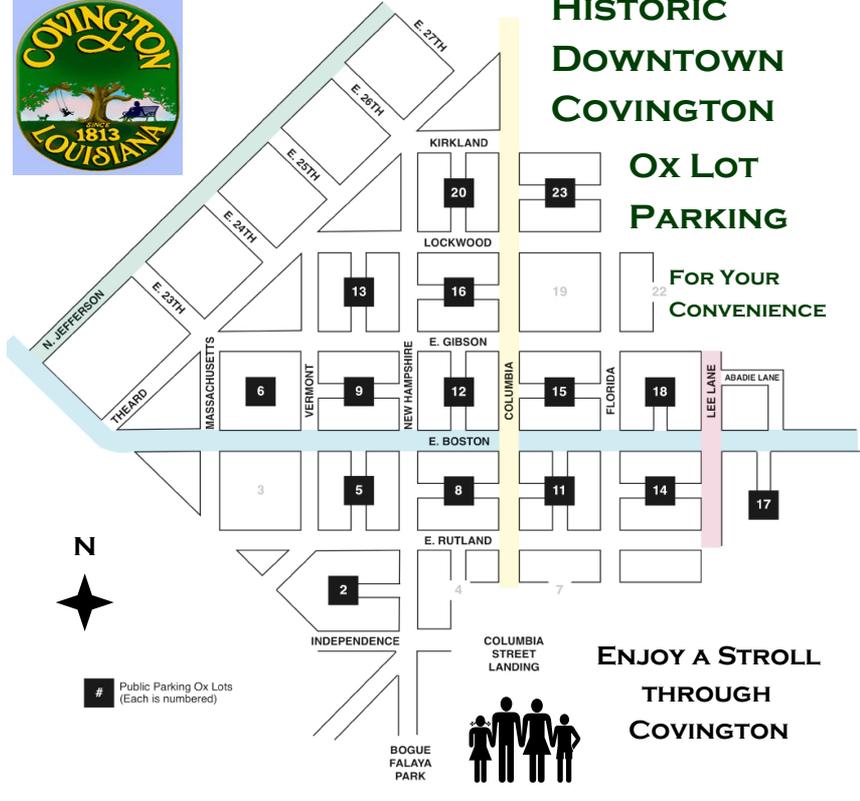
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**TRIVIA TUESDAY**  
mellow MUSHROOM

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