



## Three Rivers Art Festival 2012

November 10 - 11

Fun is a work of art

With 200 artists from more than 20 states. A juried show of original works. Tent after colorful tent ranged along the streets of historic Covington. Arts and fine crafts demonstrations. Music. Food. Three Rivers Run. And lots of activities just for kids. The Three Rivers Art Festival will be held from 10 am to 5 pm on November 10th and 11th.



Since 1997 the Three Rivers Art Festival has bombarded the streets of downtown Covington with fun, music, color, and most importantly, art. The event has three purposes, all of which are connected to the festival's home parish, St. Tammany, and all that this community has to offer. First, the festival serves to expand and enhance St. Tammany's reputation as an art-oriented community and mecca for artists and art lovers. The festival also adds to many other attractions and events that make St. Tammany a wonderful tourist destination.

The last purpose of the festival is to support art education for St. Tammany Parish school students. By hosting a student art competition that is displayed during the festival, the event inspires and encourages children of all ages to experiment with and create art. The Children's Art Area offers hands-on activities and the Arts Aline! program provides live demonstrations by exhibiting artists during the day, so kids can either watch or participate in artistic creation.

The 5K and one-mile races will be held Saturday, starting at the Covington Trailhead.

Please remember that for reasons of public safety, City Ordinance prohibits pets from attending public events.



## Wild Turkey

Meleagris gallopavo

The wild turkey is native to North America and can be broken down into six subspecies. It is the heaviest member of the diverse Galliformes or "game fowl". The turkey got its name from trade routes in place during the 16th century, where goods from the Americas and Asia were required to go to Constantinople, Turkey, before being sent to Britain. The British of the time associated wild turkeys with the country, and the name stuck.

The wild turkey has one of the heaviest maximum weights of any North American bird, second only to the Trumpeter Swan. Adult males, called toms or gobblers, normally weigh between 11 to 24 pounds, with records of the birds being over 30 pounds uncommon but not rare. The females, or hens, are much smaller in comparison, usually between 5 - 12 pounds.

The long fleshy flap over the male turkeys beak is called a snood - this flap along with the wattles and bare skin on his neck and head fill with blood and expand when the bird is alarmed. When he is excited, his head turns blue; when he is aggressive it turns red. The body feathers of both males and females begin black and gray with a copper and brown sheen. The color of the male turkey becomes more complex as it ages, picking up metallic green and blue hues.

Although never publicly voicing his opinion on the matter, Benjamin Franklin wrote in a letter to his daughter Sarah Bache that he would have preferred the wild turkey being picked for the National Bird instead of the bald eagle.



## Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

### Cranberry Pumpkin Bread

#### Ingredients:

- 3 1/2 cups flour
- 1 cup brown sugar
- 2 tsp baking soda
- 1 tsp baking powder
- 3/4 tsp salt
- 1 tsp ground cinnamon
- 1/2 tsp ground cloves
- 2 large eggs
- 16 oz. cranberries (pureed/mashed)
- 16 oz. pumpkin (pureed/mashed)
- 1/3 cup applesauce
- 1 tblsp orange zest
- 2 tblsp chopped walnuts



#### Cooking Instructions:

Preheat oven to 350 degrees. Grease two 8x4 loaf pans. Combine the flour, brown sugar, baking soda, baking powder, salt, cinnamon and cloves in a large mixing bowl and set aside. Mix the egg, cranberries, pumpkin, vegetable oil and orange zest together. Add this mixture to the flour mixture and stir until moistened. Pour batter into the prepared pans and sprinkle the top of each loaf with the walnuts. Bake at 350 for 55 to 60 minutes or until a toothpick inserted in the center comes out clean.



## Support Local Farms



The Covington Farmer's Market is every Saturday from 8-12 at the 600 block of Columbia Street, and every Wednesday at the Covington Trailhead from 10 - 2, rain or shine. This Saturday's musical guest is Vintage Jazz, beginning at 9:30. Vendors Steve and Elizabeth Nuccio will serve and sell their famous muffalottas, infused oils and olive salad.

## Bell Book and Candle

Bell Book and Candle was written by John van Druten and directed by Melanie Hayno for Playmakers Theater. This bewitching romantic comedy takes place in 1953 in Gillian Holroyd's apartment in the Murray Hill district of New York City. The set design is enchanting, the costumes are spectacular, and the characters are captivating and humorous. Opening night was Melanie Hayno's directorial debut, and it was a memorable performance by the entire cast.

The Director noted that this run of 'Bell Book and Candle' is dedicated to the late Katie Planche-Friedrichs, who gave Melanie her first role at Playmakers in the 1978 production of Gypsy.

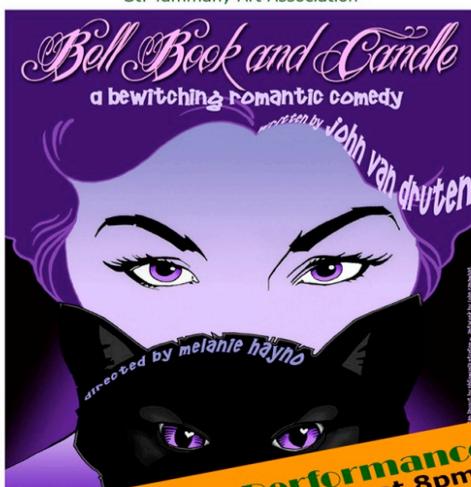
'Bell Book and Candle' will run through November 18, and the November 8 performance will benefit The St. Tammany Art Association! For more information, visit [www.playmakersinc.com](http://www.playmakersinc.com) or call 985-893-1671.

(l-r): Kathryn Merris Scott (Gillian Holroyd), Elizabeth Pfeffer Williams (Miss Queenie Holroyd) and Liz Zelenka (Nikki Holroyd) prepare a toast in Melanie Hayno's directorial debut at Playmakers Theater.



playmakers theater presents

A one nite only performance, proceeds to benefit St. Tammany Art Association



STAA Benefit Performance Thursday, November 8th at 8pm

RESERVE TICKETS: 985-892-8650

ADULTS: \$15  
STUDENTS: \$10



## Quote of the Week

"Never confuse motion with action."

- Benjamin Franklin

Tuesday

November 13



New Moon

## Keep Covington Beautiful November Activities

Keep Covington Beautiful is a non-profit organization run by dedicated volunteers for the community. Some of the activities KCB has planned for November include Fall Beautification Day. They need volunteers to help re-plant the planters in Downtown Covington on November 17th from 9 am to noon (meet at the Covington Trailhead). Volunteers are also needed for Event Recycling at the Three Rivers Art Festival to help set up and monitor recycling receptacles in two-hour shifts from 9 am to 5 pm. Please contact Priscilla at [kcb@covla.com](mailto:kcb@covla.com) or (985) 867-3652 for more volunteer information.



## The History of the Wreath



The art of making wreaths is both ancient and symbolic, dating back to the times of Greece and Rome. The people of the Greco-Roman society would make "wreaths" worn as headdresses to represent occupation, rank, achievements and status. Wreaths made of laurel leaves were used to crown Olympic Game victors. The word "wreath" literally translates to "a thing bound around" from the Greek word diadem. The most commonly recognized wreaths today are derived from the "Advent wreath", a symbol of strength representing perseverance through the harshness of winter. The Advent wreath is said to date back 1000 years before the birth of Christ. The circle and sphere represent the circle of life and immortality, and the use of evergreen ferns symbolizes the continuance of life through winter. A wreath hung on the front door was used much like an address is used today. Materials, often including exotic flowers, were collected from garden and property and arranged in a unique way for friends and family to identify their relatives.

## Help For Those Affected By Hurricane Sandy



The Train of Hope is collecting items needed most to be shipped via AMTRAK Crescent to New Jersey on Friday, November 9.

Items most needed include: blankets, baby items (diapers and pull ups in all sizes, wipes, formula, food), adult diapers, flashlights and D batteries, toiletries, pet food and kitty litter, new warm clothes, gently used coats, scarves, hats, gloves, men's work boots size 9 - 12 and hand sanitizer.

Visit [www.trainofhope.net](http://www.trainofhope.net) for updates on what to donate, drop off locations and how you can volunteer! Donations are needed by Thursday at noon.

## Make a Home-made Wreath

The base of your wreath is its support structure, so you want to make it sturdy. You can use fresh vines cut from your yard or old wire coat hangers. (Note: you will want to use fresh vines to bend them without breaking, but you will have to hang them to dry before decorating. Turn them every couple of days to prevent warping.) Braid multiple lengths loosely together, leaving plenty gaps, and twist into a circle about 18 to 24 inches in diameter. You can use more wire or vines to wrap around and secure the circle. Turn any loose ends into the gaps in your wreath.

Here comes the fun part... Decorating! Brightly colored leaves and branches are most commonly used, along with acorns, pine cones, berries and feathers. Use any materials that you can wrap or glue on there to make it truly unique. Have some decorating ribbon left over, or old unused jewelry? Weave things in and out of your wreath base for added support and a genuine look. Remember, a wreath is just a circle - your wreath is what you make with your personal touch!





www.covla.com

# FREE Covington Weekly

Nov. 7 - 13, 2012  
Local Events

**Covington Farmer's Market - Wednesday November 7, 10am - 2pm @ the Covington Trailhead** Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.  
**Covington Business Association General Meeting - Wednesday November 7, 6 pm with a 5:30 reception @ St. Tammany Art Association** Join other local business owners to network and discuss downtown Covington events and promotions. 5:30 reception with complimentary food and drinks. - 320 N. Columbia St.  
**Playmakers Theater Presents "Bell, Book and Candle" November 2 - 18 Fridays and Saturdays 8 pm, Sunday Matinee 2 pm @ Playmakers Inc.** Special show this Thursday at 8 pm to benefit St. Tammany Art Association! This popular play was adapted for the big screen and was the inspiration for the hit TV show "Bewitched". For ticket information call (985) 893-1671 or go to [www.playmakersinc.com](http://www.playmakersinc.com).  
**Covington Farmer's Market - Saturday November 10, 8 am - 12 pm @ the 600 block of Columbia St.** Fresh local produce, raw and prepared foods, plants and vegetables, live music by Vintage Jazz, food demo provided by Steve and Elizabeth Nuccio. - 600 block of Columbia St.  
**Three Rivers Art Festival - Saturday & Sunday November 10 & 11, 10 am - 5 pm @ Downtown Covington** Fun is a Work of Art! 200 artist from more than 20 states, music, food, art and fun! Free admission, family fun throughout downtown! Please, no pets allowed.  
**Event Recycling for Three Rivers - Saturday & Sunday November 10 & 11, 9 am - 5 pm** Help Keep Covington Beautiful set up and monitor recycling receptacles. Asking for Volunteers for two-hour shifts. For more info please contact Priscilla: 985-807-3652 or [kcb@covla.com](mailto:kcb@covla.com).

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**CBA**  
covington business association

www.covingtonbusinessassociation.org

320 N. Columbia St.



st. tammany art association  
www.sttammanyartassociation.org



HELP KEEP COVINGTON BEAUTIFUL  
HAVE FUN DOING IT

Become a KCB Member or Volunteer  
KCB is a non-profit 501 C3 Organization

LEARN MORE:

www.keepcovingtonbeautiful.org  
www.facebook.com/Keep-Covington-Beautiful

kcb@covla.com 985-867-3652



Opening reception for Barbara Tardo at Henry Hood Gallery on Saturday, Nov. 10 from noon to 5, during Three Rivers Art Festival.

### Galleries (featured artists)

**St. Tammany Art Association** 320 N. Columbia St. - Specters, Saints & Spirits: Discoveries from the New Orleans Museum of Art  
**Covington Trailhead Museum** 419 N. New Hampshire - David and Clariza Kern  
**Henry Hood Gallery** 325 E. Lockwood St. - Maggie McConnell, Suzy Moritz  
**Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May  
**Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy, Barbara Hansen  
**Three Rivers Gallery** 333 E. Boston St. - Roy Robinson, Roy Pfister, Harriett Blum, Robert Baumgartner, David Barfeld, Gail Glassman, Peggy Hesse, Suzanne King, Charles Macgowan, Donald Maginnis, Valerie Stangl Melancon, John Preble, Max Ryan  
**Roy's "Art"chery** 319 N. Columbia St. - Roy Blaum, Jessica Porter Blaum, Billy Porter

### Covington Live Music Listings for Oct. 24 - 30

**Wednesday:** Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ The English Tea Room 12:30-2:30pm / Open Mic Night @ The Green Room  
**Thursday:** Ladies Night with DJ Gene @ The Green Room / @ Columbia St. Tap Room 8pm  
**Friday:** Davy Crockett & the Wild Frontier @ the Green Room 10 pm / @ Columbia Street Tap Room 10pm  
**Saturday:** Vintage Jazz @ Covington Farmer's Market 9:30am / Marsolan's Old Feed Store Music Series 12 - 2 pm / The Mockingbirds + Flash & Eric Burton featuring Ghost Fires @ the Green Room 8pm  
**Sunday:** Open Mic Poetry @ St. John's Coffeehouse 2pm / Karaoke with DJ Bobby Blaze @ the Green Room 9pm  
**Monday:** All Requests with DJ Jacob Durr @ the Green Room  
**Tuesday:** Singer/Songwriter Timothy AG @ The English Tea Room 10:30 am - 12:30 pm / 80's Night Dance Party @ the Green Room

### Ox Lot Maintenance

Mayor Mike Cooper and the City of Covington staff are here to assist you and your business interests. Covington's Ox Lots are a unique and historic asset to the City, and they are maintained by the City's Public Works Office. If you have any issues or concerns with maintenance of the Ox Lots in Covington, you may contact the Public Works Office directly: Carl Rebouche, Director, contact Ann Hare by e-mail, [ahare@covla.com](mailto:ahare@covla.com), or call 985-898-4700

### Keep Covington Beautiful

It is the responsibility of everyone to keep their community safe and clean, not just those that are paid to do so (although their responsibility may be greater in the sense of using our tax dollars). Please help to keep our city clean and beautiful by picking up after yourself, or picking up after others if necessary.

### Street Improvements Underway

Use caution when travelling through downtown Covington and be aware of road and sidewalk construction over the course of the next few months.

PARDON OUR PROGRESS!  
www.covla.com

Wednesday Market  
10:00 am - 2:00 pm  
The Covington Trailhead  
419 N. New Hampshire

Saturday Market  
8:00 am - 12:00 pm  
Covington City Hall  
609 N. Columbia Street

www.covingtonfarmersmarket.org

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**TRIVIA TUESDAY**  
mellow MUSHROOM

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www.sthumane.org

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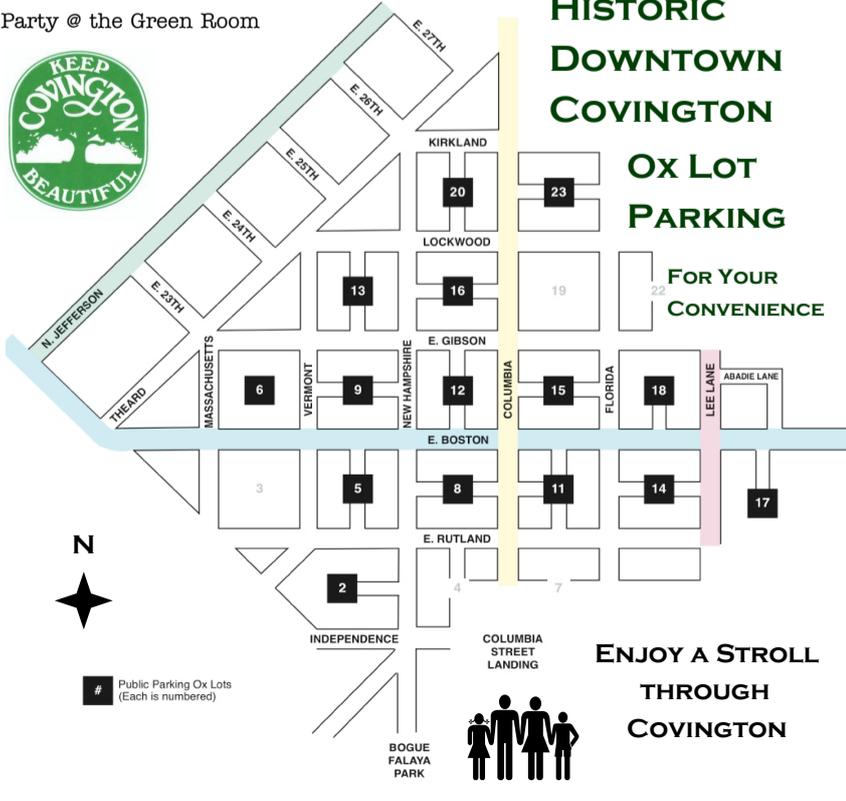
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