

FREE Covington Weekly

March 28 - April 3, 2012

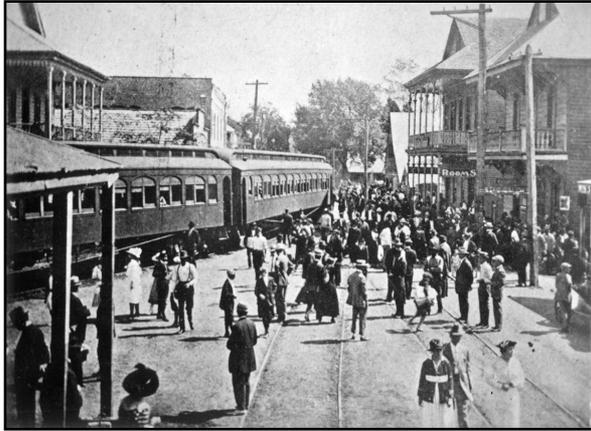
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Thursday, March 29th to
Sunday, April 1st 2012
Vintners' Dinners
Cooking Demonstrations
Wine Pairing
Art Market
Jazz Brunch

A Celebration of Food, Wine and Community
for information on events or reservations go to
www.atasteofcovington.com

The Train on Gibson Street



E-mail submissions to covweekly@media9productions.com.

Please include your name and picture title.

Support Local Business

Locally owned business is the basis of local economy. For every \$100 dollars that is spent locally, \$68 of that returns to the community. Shop Local by spending \$50 in three local businesses over the course of a month. This week, we'll be visiting:



Welcome Home & Garden, Georgie's English Kitchen and Campbell's Coffee

Welcome Home & Garden

Welcome Home & Garden is a home decor and gift store located on beautiful Lee Lane. Offering art, furniture, rugs and gift items, Welcome Home helps to make your house feel like a home.

214 Lee Lane - (985) 893-3933

www.facebook.com/WelcomeHomeandGarden

Georgie's English Kitchen & Garden

Georgie's offers authentic English scones, shortbread, and fresh lemon curd. Many of the recipes Georgie uses were taught to her by her grandmother, who baked in the traditional methods handed down generation to generation. Check your local grocer, stop in at the kitchen, or meet Georgie at the Saturday Farmer's Market!

803 W. 22nd Ave. - (985) 264-5044

www.georgiesenglish.com

Campbell's Coffee & Tea

Campbell's was founded to bring the complex, highly nuanced flavors of fresh-roasted coffee to the people. Beans are selected from the finest high-altitude Arabica coffees from Latin America and blended and roasted right here in Covington. Fresh roasting each day makes Campbell's the only micro-roaster in this region.

516 S. Tyler St. - (985) 246-6992

www.campbellscoffee.com

Quote of the Week

"Try to learn something about everything and everything about something." - **Thomas Henry Huxley**

Friday

March 30



First Quarter

Gardening Tips: Planning Your Garden

When planning your garden, placement of certain plants should be taken into account. Permanent locations must be picked out for plants with a longer life-span, such as asparagus, horseradish or ginger. Herbs are best potted or contained, as they tend to spread. Keep in mind a plants' sun requirements when picking out a spot; some can grow in partial shade while others, like garlic or onion, require full sun. Also consider your plants predicted height into your plans, to prevent one crop from shading another.

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

Good Ole Market Stew

1 Pork or Beef Roast (Justin Pitts)

1 Jar of Salsa

1 bunch or container of turnips (Father and Son Farms)

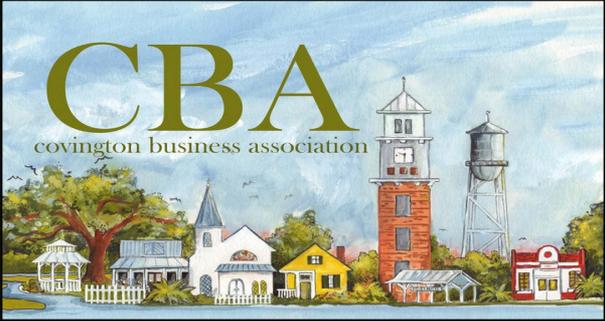
1 container of Brussel Sprouts

Heat the oven to 325 degrees. A mag lite or cast iron pot is best for this dish because it starts on the stovetop and then goes into the oven for some slow cooking. Cut all the veggies and dice the meat. Once the pot is hot, salt and pepper the meat, oil the pot and begin to sear the meat evenly on all sides until golden brown. Add the salsa and stir until it is evenly covering the meat. Add the turnips and salt and pepper to taste. Allow them to cook, then add the brussel sprouts and two containers of water using the salsa container. Bring to a low simmer, then cover the pot and allow to cook in the oven for 1 hour and 45 minutes.

Non-Profit Spotlight Covington Business Association

The CBA Works For Your Business - The CBA is a non-profit organization representing and advancing the interests of local business. The goal of the association is to encourage local shopping in Historic Downtown Covington, as well as to promote music, art, restaurants, parks and historic buildings in the area. The CBA orchestrates their newest event, Taste of Covington, this weekend from the 29th to the first of April. For membership information, contact Marie Humphries, Treasurer of the CBA, at marie.cbatreasurer@gmail.com or call (985) 590-7490. More information on Taste of Covington inside this newsletter.

www.covingtonbusinessassociation.org



Treasure Hunting at Rosemary's Closet

410 N. New Hampshire

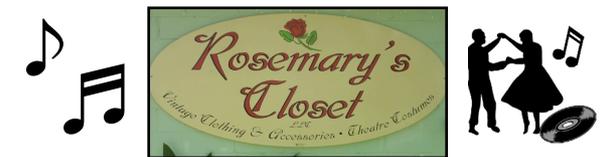


When you enter Rosemary's Closet, a smile is a sure sign of appreciation. The shop is filled with fun, quality vintage clothing and accessories for both men and women. You'll find everything from formal dresses to everyday wear, including retro coats and suits. There are also purses, gloves, lingerie, and ties.

For music lovers, you may also find that perfect LP or 45 which brings back so many memories. With prom time upcoming, Rosemary's Closet is the perfect stop to find that dress that no one else will be wearing!

Finding the shop is an adventure in itself. Located along the Trace where lumber trains once traversed Covington, the shop is tucked away behind the benches facing Gibson St. After finding the corner of Gibson St. and N. New Hampshire, look behind the brick Farmer law building to see the shop.

You can truly go "treasure hunting" in Rosemary's Closet and find that perfect vintage outfit or accessory while appreciating the reasonable prices!



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Local News

A Taste of Covington - The CBA First Annual 'Taste of Covington' takes place this weekend, starting Thursday. The Saturday Art Market and Wine Stroll are open to the public. See "Events" for more information.

Commercial Open House For Potential Covington Business Owners - Potential buyers and tenants are invited to meet at the Covington Trailhead at 9:30 for a self-guided tour of commercial properties for sale and for lease in Covington. Check our event listings for more details!

Cleanest City Contest - The "Cleanest City Contest" is wrapping up! Keep up the cleaning efforts and consult the Covington Garden Club's Beautification Checklist. Judging for the contest will take place Wednesday, April 4, 2012.

Friday Block Party - Kicking off spring is the First Block Party, a monthly event held on the last Friday of every month from March through October. Live music, food and art along historic Columbia Street.

For updates, visit www.facebook.com/CovingtonWeekly

Local Wildlife: Blue Jay



The Blue Jay

One of the most popular North American birds, the Blue Jay's habitat spans over all of eastern US and partially into Canada. They can be found primarily in oak and pine forests, and they may also be spotted in city parks and suburban yards, especially where oak trees predominate. They bury seeds and acorns, and since many of them are never retrieved they are essentially tree planters. It viciously attacks predators, and lets out a raucous scream to warn of nearby hawks or owls. Although seen all year, Blue Jays are migratory and travel in large loose flocks of between 5 and 50 in both spring and fall. Birds from the north replace southern birds in the winter.

The Blue Jays most characteristic feature is its being blue, with a white underside, white and black stripes on its wings and tail. It has a black stripe around its neck and a small crest, the elongated feathers standing out on the nape of its head.



Events

Coffee with Mayor Cooper - Wednesday March 28, 9 am - 10 am @ the Covington Trailhead

The public is invited to "Coffee with Mayor Cooper at the Covington Trailhead." This is an opportunity for conversation, questions and answers with Covington's Mayor Mike Cooper. Coffee and scones will be provided by Cambell's Coffee and Tea. - 419 N. New Hampshire

Covington Farmer's Market - Wednesday March 28, 10 am - 2 pm @ the Covington Trailhead

Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire

A Taste of Covington - Thursday - Sunday, March 29 - April 1 in Downtown Covington

A four day celebration of food, wine and community. Includes Vintners' Dinners at participating restaurants, Cooking Demos, Wine Pairing, an Art Market and a Jazz Brunch. Visit www.atasteofcovington.com. Sponsored by the Covington Business Association, the City of Covington, Acquistapace's Covington Supermarket, St. Tammany News Banner and Glazer's Domains & Estates.

Covington Commercial Open House - Friday March 30, 9:30 am Starting @ the Covington Trailhead

Mayor Mike Cooper will host this self-guided tour showcasing commercial properties for sale or lease in the Covington Business District and surrounding areas. The tour will commence at 9:30 am at the Covington Trailhead, and will include tour maps and a brief overview of the business climate in St. Tammany Parish by the St. Tammany Economic Development Foundation Executive Director Brenda Reine Bertus. For more information, contact Aimee Faucheux (afaucheux@covla.com). - 419 N. New Hampshire

Covington Farmer's Market - Saturday March 31, 8 am - 12 pm @ the 300 block of Columbia St.

Rain or shine, music by Amadee Frederick, fresh local produce, raw and prepared foods, plants and vegetables.

Old Feed Store Music Series - Saturday March 31, 9:30 am - 11:30 am @ Marsolan Feed & Seed

playing this Saturday for Marsolan's Old Feed Store Music Series. - 314 E. Gibson St.

FREE STYLE: Trunk Show & Networking Event - Saturday March 31, 11 am - 4 pm @ Fielding Gallery

Downtown Covington will get a dose of fashion fun as Fielding Gallery becomes a boutique shop for the day. Vintage clothing and accessories from 1980 boudoir, costumes and ready wear pieces by Trapped in Time Designs, and hand made jewelry by These Aren't Your Grandmother's Pearls and Covington's own The Factory Bead Shop. Admission is free. 525 E. Boston St. e-mail: 1980boudoir@gmail.com

4th Annual Lion's Club Car and Bike Show - Saturday March 31, 8 am - 3 pm @ The Covington Trailhead

Includes games and craft vendors on site, best of show and mayor's award. Benefits the Louisiana Lion's Eye Foundation. 419 N. New Hampshire.

Oldies But Goodies Dance - Saturday March 31, 7 pm - 10:30 pm @ Covington Lions Club Hall

Kiwanis Club of Greater Covington hosts a night of dancing to the oldies. Enjoy music from the 50's and 60's with DJ Mark Sanders. \$15/ticket, casual dress. - 2027 Ronald Reagan Hwy.

Free listing of public events in Covington. email submissions: covweekly@media9productions.com. Deadlines on Fridays.



Live Music Listings - Mar. 28 - Apr. 3

Green Room: Wed. - Open Mic Night / **Thurs.** - Ladies night w/ DJ Gene / **Fri.** - Dash Rip Rock + Ish / **Sat.** - Dance Party w/DJ Lady Madness / **Sun.** - Karaoke w/ DJ Bobby Blaze / **Mon.** - Dax Riggs

Columbia Street Tap Room: Thurs. - Rick Samson & Friends / **Fri.** - Jimmy's Acoustic Army on the Patio 7pm / Four Unplugged 10p

407 North: Fri. - Bacon / **Sat.** - Ched Reeves / **Sun.** - Danny O'Flaherty

English Tea Room: Wed. - Harpist Jessica Meltz 12:30 pm - 2:30 pm

St. John's Coffeehouse: Sat. - Pat & LJ Copas 7pm

Marsolan Feed & Seed: Sat. - Old Feed Store Music Series - 9:30 am - 11:30 am

Covington Farmer's Market: Sat. - Amadee Frederick

Pontchartrain Vineyards: Sat. - Jazz 'n the Vines

Galleries
(Featured artists)

- St. Tammany Art Association**- Jessica Danby Gerald Cano / Kathy Rodriguez / Aaron McNamee
- Fielding Gallery**- Roc Paul / Elizabeth Brown Steve Hasslock / Jena Karr / Alexei Kazantsev Tracy Lambert / Heather Vallaire / Keith Villere
- Henry Hood Gallery**- Jeff Mickey / Lynda Katz
- Tripolo Gallery**- William Binnings / Rebecca Rebouche / Alice McNeely / James Michalopoulos Nancy Hirsch-Lasse/Robert Cook / Craig McMillin Scott Ewen / Ken Tate / Scott Upton
- Three Rivers Gallery**- Gail Glassman / Harriet Blum / Peggy Hesse / John Hodge / Suzanne King Donald Maginnis / Valeric Stangl Melancon John Preble / Max Ryan / Roy Robinson



ST. TAMMANY HUMANE SOCIETY
20384 Harrison Ave.
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staa
st. tammany art association

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